



## Port of Palm Beach hosts Health Care District's "Stop the Bleed" training

**Riviera Beach, Florida – May 25, 2021** – Individuals working at the Port of Palm Beach are learning a skill that might one day save a life. For the first time ever, the Port of Palm Beach is partnering with the Health Care District of Palm Beach County to offer six free hands-on "Stop the Bleed" training courses over a two-day period. The class will be available to all Port workers and its tenants. Participants will learn how to identify life-threatening bleeding and treat it by packing wounds, applying pressure and effectively applying a tourniquet.

"The individuals who ensure the smooth flow of international cargo at our Port every day, have an inherent risk of serious bodily injury associated with equipment, working at great heights or conducting railroad activities," said Joseph Anderson, Chairman of the Board of Commissioners for the Port of Palm Beach District. "As a major industrial facility handling more than 2.3 million tons of cargo a year, it is our responsibility to help our tenants prevent workplace fatalities."

The Port of Palm Beach decided to offer the training courses this month to recognize National Stop the Bleed Month. According to the U.S. Department of Defense, a person who is bleeding can die from blood loss within five minutes.

"Moments count in the event of a serious injury. Having trained personnel and the right equipment are crucial to saving lives," said Kenneth Hern, Senior Director of Seaport Operations and Security.

The Port of Palm Beach has strategically placed eight trauma kits combined with AED kits in common areas around the Port.

"By training small groups that are socially distanced, we hope to safely empower people to know what to do in a life-threatening situation to stop hemorrhaging," said David Summers, RN, CFRN, EMT-P, Trauma Nurse Outreach Coordinator with the Health Care District's Trauma Agency.

Since 2017, Summers has provided "Stop the Bleed" training to over 5,000 professionals at local schools, hospitals, EMS and law enforcement agencies. His hands-on sessions teach participants how to identify life-threatening bleeding and treat it by packing wounds, applying pressure and properly using a tourniquet. The Health Care District's Trauma Agency provides other trauma prevention education throughout the county, like teaching seniors how to avoid falling and students about the dangers of distracted driving.

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Throughout the years, the Port of Palm Beach District has received several safety recognition awards for investing in and instilling a safety work environment. Next month, the Palm Beach Safety Council will be awarding the District a Safety Recognition Award for rail safety and a Port Wide Award for continuing an online safety training program and safety procurement incentives.

**About Port of Palm Beach**

Located in Riviera Beach, the Port of Palm Beach is a full-service, diversified port, offering cruise and cargo services to more than 30 onsite tenants and users. At 162 acres, the Port's efficiency is unparalleled, processing more than \$7 billion in commodities, 2.5 million tons of cargo, and 500,000 cruise passengers annually. As one of the largest employers in Palm Beach County, the Port of Palm Beach and its tenants employ more than 2,850 people. Through the contribution of more than \$185 million in business revenue and \$17.5 million in tenant-contributed state and local annual tax revenue, the Port of Palm Beach is a large economic engine in South Florida. For more information, visit [www.portofpalmbeach.com](http://www.portofpalmbeach.com).

**About the Health Care District**

The Health Care District of Palm Beach County provides primary medical care and dental services for adults and children at the C. L. Brumback Primary Care Clinics, a coordinated and lifesaving Trauma System that includes two FAA-certified Trauma Hawk air ambulances, registered nurses in nearly 170 public schools, short and long-term skilled nursing at the Edward J. Healey Rehabilitation and Nursing Center in Riviera Beach, and acute care at its teaching hospital, Lakeside Medical Center, which is accredited by The Joint Commission and serves the rural Glades' communities.

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